



# YMCA GYM MEMBERSHIP SCHEME



- ✓ Are you a YMCA Resident or Service User
- ✓ Are you keen to be fit and healthy?
- ✓ Do you enjoy regular exercise?

If so you may want to take advantage of **FREE** membership to Energie Gym.

Just contact Kelvin at the YMCA on 01908 295600 or visit Reception to on **Tuesdays** or **Thursdays** between **1100–1130am** to register.